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The Parkside Post

Lifelong Learning July 13



Tristen Cope will be speaking at our Lifelong Learning, Monday, July 13, at 10AM, at The Apartments. She is the Family and Youth Development Agent with the Chisholm Trail Extension District.

She will be presenting information and services offered by the Extension District. This will include important history, the formation of Kansas State University as the Nation's First Land Grant School, creation of Cooperative Extension, and history of Marion County Extension. Tristen will speak to the many services available to older adults and who is on staff and how they serve the community.

Most recently, Tristen has helped the child care community through funding initiatives, training for childcare

providers, and the creation of the Hillsboro Community Child Center. Over the past nine years with Extension, Tristen has had the opportunity to assist youth and families through substance abuse prevention programs, healthy eating activities, and a variety of school programs.

The public is invited!



Apartment balcony & porch celebrating the season



Irma at last year's birthday

Learn to Know Your Neighbor

We are getting ready to celebrate another centenarian at Parkside! **Irma Koop** will turn 100 this month. She has lived on the Parkside Campus for over 30 years. She and her husband Bennie, moved into the very first duplex built in 1995.

Irma was born in Hillsboro, but at the age of 2 her family moved to the Panhandle of Oklahoma where her father farmed near Balko through the dust bowl. She attended Bethany School in Balco and junior and senior high school at Corn Bible Academy. Irma then studied at Tabor College. After her first year, she was recruited to teach school. This was during World War 2 and there was a teacher shortage. She took an assignment at a one room schoolhouse south of Buhler and had 19 pupils that spanned all 8 grades. Quite a task for a 19/20 year old! Her home town then asked her to teach at Bethany School, which she did the following 2 years. After seeing

an ad for a teacher at Lehigh, she moved back to Kansas, and taught there a year or two. This is where she met Bennie Koop.

Irma and Bennie raised a family and farmed west of Hillsboro. She became a farm wife and after the children were in school, she worked almost 30 years in the Tabor Cafeteria during the school year. The Koops had three children, Brenda, Kim and Dale. All three still live close by in the Hillsboro and Abilene communities. Three children have flourished into seven grandchildren and 17 great grandchildren. All but one grandson and his family live within a few hours of Hillsboro. One thing Irma takes pride in and really enjoys is that all 28+ make an effort to get together two times per year, for Thanksgiving/Christmas and Easter.

They enjoyed over 50 years of marriage, however when Bennie began having strokes and could no longer farm, they moved into the first and newly built Duplex 23 in 1995. Bennie passed away in 2005. In 2009 Irma began dating and had a wonderful relationship for 11 years with Allen Pankratz. Irma feels blessed with the life, family and friends that she has experienced. She is still sharp, active and always dressed in something pretty.

Irma moved into The Apartments three years ago. She likes not having to cook at noon. She appreciates the nice place to live and the activities available. Irma still enjoys having fun—she has coffee every morning with a group of ladies, plays games and has her hair done every week.

We're glad you're here **Irma!**



WORK ANNIVERSARIES

June

Angela Edington 15 years
Nanci Heath 2 years
Jessica Cain 2 years
Alyson Roberts 1 year

July

Kim Klassen 8 years
LeAnn Enns 4 years
Melissa Bruce 3 years
Casey Moore 2 years



Outings to
Rhubarb
Market and
Durham Cafe



Support Parkside!



 Farmers 
 Market 

Parkside Meal
July 30
Memorial Park
5PM-until sold out

Celebrating the work of CNA's at Parkside



CEO Notes

We do not have an update on the Property Insurance Claims Process. We are still waiting on the insurance adjustment report. They were on campus June 16. We continue to acquire quotes for the work that needs to be done.

Parkside submitted our application for enrollment in the PEAK program in January of this year. We were approved to start at level one. We developed action plans for two of the 12 PEAK core areas and have begun implementing the associated practices.

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The PEAK (Promoting Excellent Alternatives in Kansas) program is a statewide quality improvement initiative that encourages Kansas nursing facilities to adopt and sustain person-centered care. While the program is administered by Kansas State University's Center on Aging, it is funded and overseen by the Kansas Department for Aging and Disability Services (KDADS) as part of the state's Medicaid nursing facility reimbursement system.

The program was established in 2002 as a voluntary recognition program to promote "culture change" in nursing homes. In 2012, it evolved into PEAK 2.0, a Medicaid pay-for-performance program in which facilities receive additional Medicaid reimbursement when they demonstrate increasing levels of person-centered care. In 2022, the program was updated and renamed PEAK: Quality Improvement through Person-Centered Care with a revised incentive structure.

Rather than rewarding facilities simply for regulatory compliance, PEAK rewards organizations that redesign care around the resident's preferences, choices, and quality of life.

The program evaluates facilities across five core domains:

- Foundation (organizational readiness)
- Resident Choice
- Staff Empowerment
- Home Environment
- Meaningful Life

Facilities progress through increasingly rigorous levels as they demonstrate deeper implementation of person-centered practices.

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