

IN THIS ISSUE:

Lifelong Learning August 10
Learn to Know Your Neighbor
Get to Know the Staff
CEO Notes

INSERTS:

August Activity Calendars
August Menus

August 2026



The Parkside Post

Lifelong Learning August 10



Joel Millermon will present '250 Years of Medical Breakthroughs,' at our August 10 Lifelong Learning, at 10AM at the Apartments. Referencing our country's 250th birthday, Joel will use that timeline to share about health and healthcare in the USA. From working for survival, disease and no sanitation to today's lifestyles, life longevity and medicines and technology. He will present the five biggest medical advances/breakthroughs.

Joel works for Vital Caring, formerly Traditions Health. He has been in the medical field for 15+ years. His current work is in home health and he has also worked at Reno County EMS and in medical equipment roles.

The public is invited!



250 years of Medical Breakthroughs & Lifestyle Changes



Learn to Know Your Neighbor

Lu Janzen moved into her 3-bedroom apartment about a year ago. She was born and raised in Nebraska and came to Tabor in 1957. It was here that she met the love of her life, Marlin, and they were married in 1960.

They were blessed with 2 children, Maura and Mark. Maura and her husband, Glenn, live in Minnesota near their 2 children. Their son, Mark, lives in Lindsborg with his wife Betsy. Their 2 children live in Corpus Christi and Hillsboro. Both couples have 2 children, so that makes 4 special grands.

Lu spent her career at Parkside and other “not-for-profit retirement communities.” It was during this time that long-term-care changed. She was fortunate to have been a part of providing new and better ways to be on the

cutting edge of long term care and housing options. Even after retirement, she continued serving on Kansas Department of Aging and Leading Age committees. Marlin worked for 50 years as a medical technologist in Hillsboro and the surrounding area.

The Janzens enjoyed 62 years of marriage before Marlin passed away in 2022. One thing Lu regrets is that they didn’t move into the Apartments before 2022, so they could have made the transition together. But she is quick to say that even working with aging adults her entire career did not prepare her for the connection she has found at the Apartments and how much the residents are a close-knit family. She also did not anticipate how much staff care for each one of them.

Lu loves to read and brought a library of books with her that are available to others. She has been known to make recommendations and hand-deliver books to those around her. Lu chose a larger apartment so that she could finish projects she was working on—writing and quilting. She jokes that she doesn’t have time to work on them! She is busy with the community she has found here—she shyly stated it’s almost like a college dorm. They have been known to chat until 2 and 3 AM. Lu also loves all the activities available and likes that there are so many to choose from.

We're blessed you're here Lu!



**Friday Eats Tour
at The Sale Barn, Tampa**

Fun Celebrating the County Fair



Get to Know the Staff

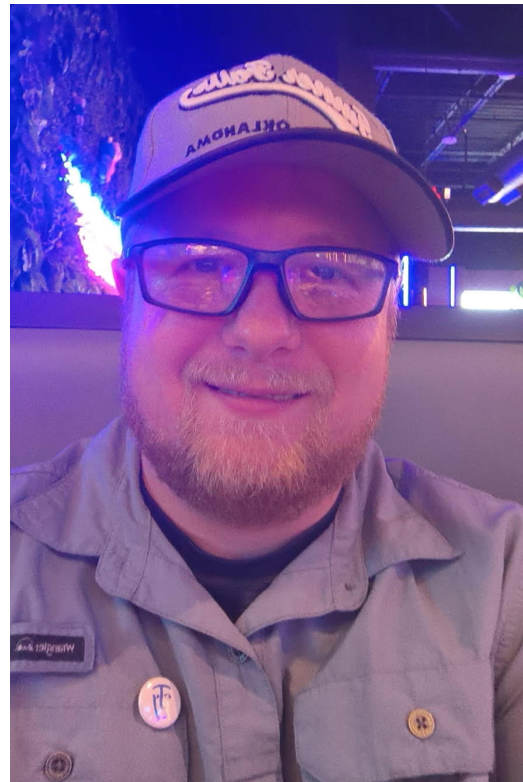
David McQuillan is our new Director of Dining Services. He is excited to be at Parkside, even though he worked two weeks straight when he started in July due to short staffing. His optimism shines through, as he quickly notes they have three new staff coming on board in the next week.

He grew up in Newton and settled back there now after moving around the state. David is a proud parent of a newly graduated high school son. He enjoys fishing and camping when he has the time. Table games, especially those that include strategy and challenge, are his favorite.

David has been in the kitchen all his life. He started working at Sonic at 14. He notes working under a chef at Bethel College really fueled his passion in the corporate kitchen. He learned so much and many new things he had never dreamed of. He loves how food brings people together. It can bring a smile to one's face and make people feel wanted. David mentioned already making a favorite dish specifically for someone that hasn't been feeling well lately.

David notes his love of residents already and quickly credits staff for their warm welcome. He said he has been encouraged and uplifted greatly by his peers.

Welcome and we're glad you're here David!



Letter from: Jami Boone, Adult Care Home Quality Program Manager | PEAK Program
Kansas Department for Aging and Disability Services | Aging Commission
Jami.boone@ks.gov | 785(296)-0100

New England Building
503 South Kansas Avenue
Topeka, KS 66603-3404



Phone: (785) 296-4986
Fax: (785) 296-0256
kdads.wwwmail@ks.gov
www.kdads.ks.gov

Laura Howard, Secretary

Laura Kelly, Governor

7/24/26

Attention Residents, Family Members, and Staff of Parkside Homes

On behalf of the Kansas Department for Aging and Disability Services (KDADS), thank you for your continued participation in the PEAK: Quality Improvement through Person-Centered Care Program.

This year is especially exciting as PEAK celebrates 25 years of advancing person-centered care across Kansas. For a quarter of a century, nursing homes like yours have helped transform long-term care by placing dignity, choice, meaningful relationships, and quality of life at the center of everyday living. We are grateful that Parkside Homes continues to be part of this important journey.

Your continued participation demonstrates a commitment to growth, collaboration, and continuous quality improvement. Creating a truly person-centered home is an ongoing process—one built through small, meaningful changes that make a lasting difference in the lives of residents, families, and staff. Every step forward strengthens your culture and contributes to a more fulfilling experience for everyone who calls your community home.

CEO Notes

We are progressing with the property claim for the storm damage. At this point, we have the full adjustment and are working to find the right company(s) to complete the repairs. We hope to have this process in motion with an assigned Project Manager soon.

Parkside applied for and was selected for the CMP grant for the CARES Dementia Program. The CARES Dementia Training Program is a dementia-specific education initiative funded in several states through the Centers for Medicare & Medicaid Services (CMS) Civil Money Penalty Reinvestment Program (CMPRP). The grant's primary purpose is to improve dementia care quality in nursing homes by providing staff with evidence-based dementia education. The CARES curriculum focuses on:

- Person-centered dementia care
- Understanding dementia and its progression
- Effective communication strategies
- Managing dementia-related behaviors without unnecessary medications
- Improving residents' quality of life and dignity
- Reducing the use of anti-psychotic medications when there is no appropriate clinical indication

The CARES program uses online, interactive training modules that allow certified nursing assistants (CNAs), nurses, social workers, activities staff, and other long-term care personnel to learn best practices in dementia care. CMS has identified CARES Dementia Basics as an evidence-based training resource for nursing home staff.

Stephanie Bryant, CEO

August Work Anniversaries

Five Years

Tara Barnett Evana Holtsclaw

Two Years

Kylie Brown 2 years

One Year

Michaela Burke Alicia Higbee
Tammy Klenda Alanis Larsen
Phoebe Moss Blake Newsome

Parkside
Caring Is Our Calling

Still Available!

**15 Park Avenue
2 Bedroom, 2 Bath Duplex at 1,452 sq ft**



**NO Taxes, Property Insurance or Maintenance
Call 620.947.2301 or 620.877.0638**

Parkside Homes 200 Willow Road Hillsboro, KS 67063

(620) 947-2301 www.parksideks.org

