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The Parkside Post

Happy New Year!

Lifelong Learning January 12

Long Lost Sisters

Richard Hofer will be our guest speaker for Lifelong Learning on Monday, January 12, at 10AM, at the Apartments. He will share how he and his wife, Marguerite, found her sister after 60 years apart.

Marguerite and her sister were orphans living in a New York state orphanage. At age 4, Marguerite contracted polio and spent 1-1/2 years away for treatment. When she returned to the orphanage her sister was gone. She searched for her sister as well as a 6-year-old could, to no avail. Richard will share the journey of finding Marguerite's sister in 2005.

The public is invited to join us!



Community Health Night January 22

Lauren Ediger, Parkside's Director of Physical Therapy, will speak at our January Community Health Night on Thursday, January 22, at 7PM, at the Apartments. Lauren will share about fall prevention and safety. It will be great information for now and into the future. There are always new ideas and tips to share. She will also speak about the therapies available at Parkside—that anyone can come here for all kinds of therapy.

The public is welcome!

Get to Know the Staff

Zachary Anderson joined the Parkside Team at the end of September 2025 as Director of Dining Services and Dietary Manager. Zach grew up and lives in the McPherson area. He grew up with a knack for cooking, especially grilling, with his dad and family. A high school job at Montana Mikes confirmed his skills. Even when he moved on to factory work, he began competing in BBQ competitions. His BBQ partner then offered him his first restaurant management opportunity at McPherson Country Club. This fueled his desire

for a career in culinary arts.



Zach's work at McPherson College led him to a sous chef license and hosting events for 500-1,000 people. He especially enjoyed refining a 'showcase on a plate' for guests. He most recently was Deli/Catering Manager at White's Foods in Lindsborg.

He enjoys traveling with and seeing friends in his spare time. He also likes attending concerts and jamming with friends in a band twice a week.

Zach likes the work culture at Parkside, and how the Leadership Team works together. He appreciates the patience of residents as he makes changes to the menus, inserts new recipes and works with staff to prepare the best meals. He is open to and has enjoyed the feedback he has received to make dining the best personalized experience possible for everyone.



Irene Seibel marked a milestone birthday in December. She turned 103!

Irene lives at the Apartments.

Contribution Corner *An Easy Way to Make a Legacy Gift*

If you are looking for more security than the fluctuating markets provide, a charitable gift annuity (CGA) may be the answer. A CGA is a gift that creates secure payments for your lifetime. The payment rate is fixed and based on your age, that will never change and a portion of your payment could be tax free. You will also have peace of mind knowing that after your life, the remainder of the funds in your CGA will benefit a charity of your choice, such as Parkside Homes.

If you would like more information about a legacy gift to benefit Parkside, contact Stephanie at 620.947.2301 or stephanieb@parksideks.org.

Christmas Gifts from Staff to Health Care Residents



Every Christmas the Staff draw names of residents and buy gifts for every one.

If you or anyone in your family would like to receive The Parkside Post via email, please call LeAnn in the office, 620.947.2301, or email Krista Heinrichs at kristah@parksideks.org.

CEO Notes

A savings account has been opened with the MB Foundation for the Resident Reserve Fund. All funds collected so far have been deposited, including a very appreciated, and very generous donation from a resident specifically for this account. The Resident Reserve Fund is a savings plan created by the Board of Directors for our property insurance deductible in response to the increase in 2025.

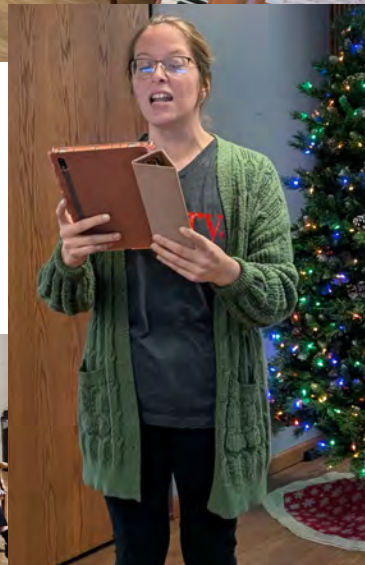
We did not anticipate receiving donations made specifically to this account. This donation presents an opportunity open to other residents who feel the desire for the same generosity. The funds collected and deposited will stay in this account until a weather event would occur, to ensure the future of Parkside for many more years to come.

*Happy New Year! **Stephanie Bryant, CEO***

Every Wednesday, Anita Hancock, below, serenades lunch at the Apartments. Anita was a music teacher in Marion. In December, Shyla Harris, bottom center, current vocal teacher, came with her to sing carols.



The 4th Wednesday of each month, Jan Larson and Gerry Major, below, play piano at the Apartments.



There are always puzzles to work on at the Apartments. Above, see Shirley's t-shirt about her work on puzzles!

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