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The Parkside Post



Lifelong Learning November 18

Marcia Sebree of the Peabody Historical Society will speak at our Lifelong Learning on Monday, November 10, at 10AM, at the Parkside Apartments, 1 Park Avenue. She will share information on two orphan trains that came to Marion County in 1911.

Over 30 children were "placed out." Some of these children were picked up and removed from other homes on the way. She will share who and how all was arranged and what happened to a few of the children.

Marcia has collaborated with the Orphan Train Museum in Concordia to track children adopted from the trains, part of a movement between 1854 and 1929 to relocate an estimated 250,000 orphaned, abandoned, or homeless children to rural communities in hopes of providing better lives for them.

The public is invited!

Community Health Night
Tuesday, November 18
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**All Family and Friends of Parkside
are invited for Thanksgiving
Lunch, November 27**

Menu

Turkey w Herbed Stuffing
Mashed Potatoes w Gravy
Green Bean Casserole
Cranberry Sauce
Roll

Pumpkin or Pecan Pie

\$15.00 per plate

RSVP no later than
November 17th to 620-947-2301

Get to know the Staff

Keifer Larsen is our Environmental Services Lead. He has been working at Parkside for almost 2 years. His background in appliance repair, landscaping and factory work have given him many skills to benefit Parkside.

He grew up and went to school in Peabody. Keifer and his wife, Alanis, live outside of Peabody with their two children—soon to be three in January. He's busy with all things young families are. This last fall he coached his son's flag football team. They also like to catch snakes and ride four wheelers.

Keifer says Parkside has become like family. There's nothing better than a day when he can make residents smile. He said he has favorites, but he wouldn't divulge that information.

We're glad you're here Keifer!



Keifer Larsen and family at P & M Pumpkin Patch

Community Health Night Tuesday, November 18 6:30PM



Eric Driggers, owner and pharmacist at Hillsboro Hometown Pharmacy, will speak at Parkside's Community Health Night, Tuesday, November 18 at 6:30 PM, at the Parkside Apartments, 1 Park Avenue.

He will do an update on Medicare drug plans, premiums and maximum out of pocket for those enrolling or changing their plans. Eric will also speak about a new program called, 'Maximum Fair Price,' applied to 10 drugs in 2026.

The public is invited!



Fall Fun Paints

Back Alley Pizza, Newton





Janice and Rodney O'Hare

Learn to Know your Neighbors

Janice O'Hare just moved into the Parkside Apartments a little over month ago, but she has made friends with everyone she's met. She's a professed people person and just knows 'how to fix things.'

She grew up on a farm in Northwest Kansas, near Norcatur, and lived in the area most of her life.

Janice and Rodney O'Hare were married in 1964 and spent their working lives involved in the

agricultural industry. Janice first worked at a bank, then sold grain drying equipment and then spent many years at elevators in the area. They raised two sons and enjoyed their sports and all things outdoors.

After 'retiring' at 70, they were AmeriCorps Workers every summer at area lakes, spending most of their years at Prairie Dog State Park, near Norton, Kansas. Rodney worked with the nursery and trees, and Janice worked with people and planted lots of native plants. This was unpaid work, but they were able to gain scholarship money and provided over \$10,000 towards their grandchildren's higher education. There are seven grandchildren scattered over Kansas, Kentucky, and Utah. Three great grandchildren have also been born to the family.

Rodney passed away earlier this year, and Janice decided to move closer to her sons. Her son Chris is in Salina and Scott, longtime Hillsboro High School Science Teacher and Coach, is right here in Hillsboro.

Janice says she is adjusting well. She's a people person and loves the people at Parkside. If you need a hug—Janice will be there. She's enjoying all the sports and activities of her junior grandson, Kyson, and being outdoors. Janice loves flowers—and made it clear she HATES weeds.

We're glad you're here Janice!

Contribution Corner **A Creative Way to Give: Non-Cash Giving**

We traditionally give cash or money from the income we earn. But did you know giving can come from more than just your cash?

Marketable assets such as appreciated land, stocks, farming equipment, or business interests can be gifted to Parkside and other causes you love—now or in the future. Your giving can be as creative as the variety of assets you own while also allowing for an immediate tax benefit.

Parkside has local foundation partners to provide planned giving services. When you give a variety of assets, your generosity helps Parkside live out its mission.

To learn more about giving more than just your cash to benefit Parkside, reach out to Stephanie Bryant, CEO, 620.947.2301 or stephanieb@parksideks.org.

CEO NOTES from *Stephanie Bryant*

I recently attended a PEAK conference in Manhattan Kansas. The PEAK program was developed by Kansas State University Center for Aging and stands for Promoting Excellent Alternatives in Kansas. It involves quality improvement for nursing homes through person-centered care. PEAK started in 2002 as a recognition and education program to encourage providers in Kansas to adopt culture change. The program is open to all long-term care providers in the state of Kansas. The program changed in 2012 to become PEAK 2.0, and adds a Medicaid pay-for-performance incentive program. Homes that engage in system changes to support person-centered care or who have demonstrated implementation of person-centered care receive financial incentives through Medicaid reimbursement. The program focuses on five domains essential to person-centered care: The Foundation, Resident Choice, Staff Empowerment, Home Environment, and Meaningful Life. Parkside was once a PEAK member in 2018, and we are taking the necessary next steps to enter back into the program.

While at this program, the Alzheimer's association presented some great information that I would like to share with you all, including a website where you can access caregiver resources, a free app to download that can be a resource to the caregiver, whether it is family or a nursing staff member.

<https://www.alz.org/help-support/resources/care-education-resources#caregivers>



My ALZ Journey
ALZHEIMER'S ASSOCIATION

Support, guidance and connection for newly diagnosed people and care partners – all in one app

- Free mobile app for newly diagnosed individuals and care partners
- Provides personalized guidance, trusted resources and local connections
- Helps users understand their diagnosis, stay independent and plan for the future
- Connects users to their local Alzheimer's Association chapter for programs and support
- Built with input from people living with dementia and care partners

ALZHEIMER'S ASSOCIATION

As a thank you to Staff for all they do, Parkside paid for families to enjoy P & M Pumpkin Patch, rural Moundridge.



NOVEMBER WORK ANNIVERSARIES

Barb Clay 7 years
Kim Klassen 6 years
Cat Johnson 5 years
Ryleigh Peterson 1 year

Thank you!

Parkside exists to enrich all we serve with Christ-like compassion, respect, excellence, and integrity.

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