

IN THIS ISSUE:

Lifelong Learning, August 11
Get to Know the Staff
New Fundraising Projects
CEO Notes

INSERTS:

August Activity Calendars
August Menus



August
2025

The Parkside Post

BACK TO SCHOOL

Lifelong Learning August 11

Rick Reed will be our August Lifelong Learning Speaker. We will meet on Monday, August 11 at 10AM at The Apartments, 1 Park Avenue, in Hillsboro. The public is welcome!

He will be speaking about Ann Clark, the Civil War and the Underground Railroad in Kansas. Ann Clark was a slave on a farm between Lecompton and Lawrence. Lecompton was the Territorial Capital of Kansas and became known as "The Birthplace of the Civil War". She escaped from the Richie House in Topeka and used the Underground Railroad to find freedom in Iowa.



Constitution Hall 1856



Constitution Hall 2023



Rick is a US history expert and entertaining presenter. He began teaching US government and history in 1983. Rick has taken tour groups to historic places and Washington DC since 1985. He has been an educational leader in adapting teaching methods to reach every student. Rick is currently Director of the Xcel After-School Achievement Program in Salina.

Please join us!



Support Parkside
Thursday, August 28

Get to know the Staff

Cynthia Stroda, Charge Nurse in Health Care, was born and grew up in Gulf Port, Mississippi but has been a Kansan for over 40 years now. She and her husband, David, live in Herington. They have 3 sons and 1 daughter who all live in Central Kansas-which makes enjoying the 13 grandchildren a highlight. Born earlier this year was their first great grandson.

She had several different jobs early in life, including being a CNA. Cynthia was the Herington Senior Center director for over 8 years which she really enjoyed. She organized fundraisers and events. Being involved in the community even led to a time on the Herington City Commission and Assistant Mayor.

Cynthia decided to go to nursing school over 26 years ago. She has worked in a clinic and the Herington nursing home. She likes being at Parkside, as all the residents have individual rooms, this allows for better care, movement and comfort. Cynthia loves the residents.

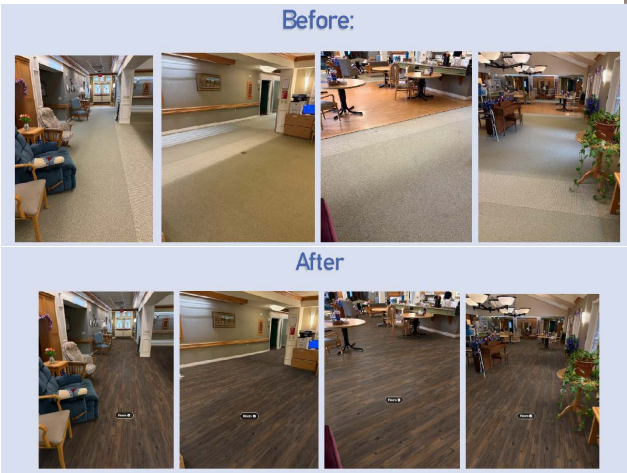
Her spare time is spent with grandchildren, and she also enjoys being outside. She loves to mow. She mows at her parents-in-law's farm, her husband's shop and their own yard.

We're glad you're here Cynthia!



New Fundraising Projects

**Park Home 4
Flooring
\$25,000 est.**



**Replacement of Carpet with
Vinyl Flooring, replacement of
Kitchen Cabinets and Countertop**



Spa Remodel



\$26,200 est.

**Includes new Spa Tub \$14,000,
Flooring \$8,000, Wall Tile \$4,000, and
Decor**

*How would you like to help?
Contact Stephanie or Krista*

The Apartments Landscaping

\$21,530 est.



**Rose of
Sharon**



Burning Bush



Butterfly Bush



Switch Grass



Viburnum

Estimate includes: Soil \$500; Sod \$2,400; Shrubs \$2,280; Landscape Fabric \$700; Drip Irrigation \$500; Colorado River Rock \$7,350; Labor \$7,800

Above plants are in recommended plan (also Lilac & Spirea)

CEO Notes

Staff training and education is a big part of continued care for our residents. This goes beyond our federal on-line learning requirements. To ensure our staff are adequately prepared to provide the best care for our residents, Parkside hosts multiple events every year to ensure a proper training and safety program.

Parkside hosts a monthly New Hire Orientation Day for all new staff, monthly Safety Meeting, and all staff in-services for Emergency Preparedness and Dementia Care, presented by speakers such as Hillsboro's Police Chief Jessey Hiebert, and KFMC Health Improvement Partners' Brenda Groves.

We ensure all required staff have active CPR certification by providing in-person CPR classes frequently and at no charge to the staff. Our employees are eligible for continued education opportunities for CNA and CMA programs.

Parkside also has an annual in-person Skills Fair, which includes mechanical lift safety, medication administration, infection prevention and control, food preparation and mechanically altered diets, chemical use, transportation safety, patient care best practices, IV administration, basic oxygen use, and fire prevention. This year's Skills Fair is scheduled for July 29th and August 12th.

Stephanie Bryant, CEO



**National
Kitten Day**



AUGUST WORK ANNIVERSARIES

Tara Barnett	4 years	Rae Bryant	3 years
Evana Holtsclaw	4 years	Kayse Janis	1 year

Parkside
Caring Is Our Calling

Parkside exists to enrich all we serve with Christ-like compassion, respect, excellence, and integrity.

Parkside Homes 200 Willow Road Hillsboro, KS 67063
(620) 947-2301 www.parksideks.org

