

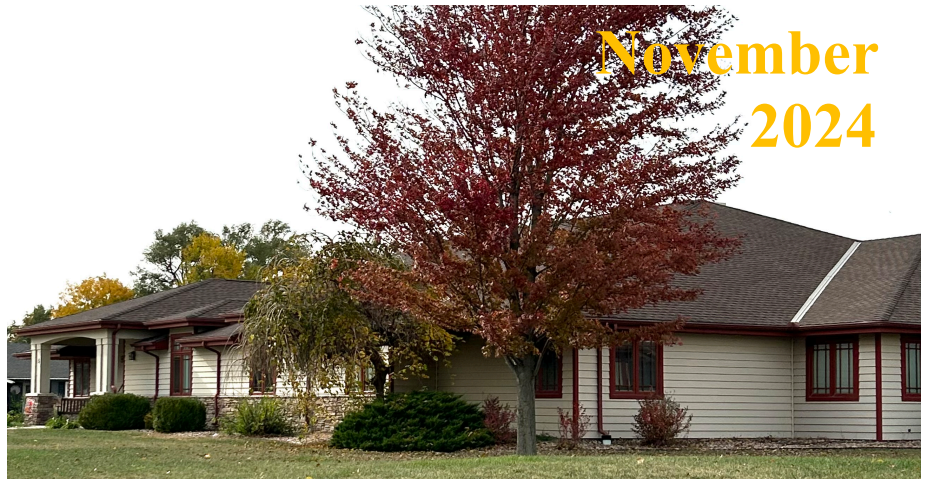
November
2024

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The Parkside Post

Lifelong Learning November 11



Michael Sharp

John Sharp will share in photos and commentary, the life and death of his son Michael "MJ" Sharp. MJ who was ambushed and executed while on a peace mission for the United Nations on March 12, 2017. There has been a documentary produced, you can view on-line at: <https://vimeo.com/310406060>.

We will meet Monday morning, November 11, at 10AM at the Parkside Apartments, 1 Park Avenue, Hillsboro. The public is invited!

John retired from teaching history and Bible at Hesston College. He is also father-in-law to our own Nick Sharp, Director of Rehab.

Community Health Night

Mental Health and Aging: The Power of Healthy Connections

Erica Haude, Central Kansas Counseling, will share about the power of connection as we age. We will meet Monday evening, November 18, at 7PM at the Parkside Apartments, 1 Park Avenue, Hillsboro. The public is invited!

She is a Licensed Clinical Professional Counselor who earned her Master's degree in Counseling from Denver Seminary. Erica has worked in community-based mental health, residential treatment with adolescents and families, and on a college campus.

Erica lives in Hillsboro with her husband Rob and three boys.

Get to know the Staff: Jen Williams

Jen Williams, Workforce Coordinator, has been at Parkside since March 2021. She was raised on a Rice County, KS, farm. She and her husband, Neil, live on a farm outside of Burdick. Jen says farm living is for her!

She keeps busy with all the animals on the farm. With her daughter, Brooke, they rescue horses. Jen also has two sons, Christian and Caden. She is proud too of their three grandchildren. Everyone lives within about an hour which she loves. Time with family and friends are cherished.

Jen also loves to garden. She grows vegetables and flowers. Canning keeps her extra busy in the summer.

She sells canned goods—salsas, jelly and jams—at the Red Barn Market near Galva. It is open every Friday during the growing season. The Parkside Friday Eats tour even got to make a stop there August.

Relationships with residents are what Jen likes best about being at Parkside. Her goal every day is to make their lives better during their stay.



Jen and Granddaughter Remi

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A Few Services you may not know Parkside can provide:

- Therapy—Post Stroke
 - Physical Therapy--Pain Modalities, Fall Prevention, Wound Healing
 - Occupational Therapy--Specialist in Lymphedema Therapy
 - Speech Therapy--Swallowing Cognition
- All 3 Therapy Disciplines are available here. Physical and Occupational Therapies are available 6 days a week if needed.
- Psychiatric Medication Management

Our Medical Director, Dr. Alisa Schmidt, is here every week and is available 24/7 for residents' needs.

Parkside's nursing ratios are lower than average. We have more Staff per Resident.

If you have any questions about the above services, please reach out to Ashley Sassi, Director of Nursing, or Stephanie.



Judy & Chuck in front of their Duplex

Learn to know your Neighbors

Judy Flaming has lived in Duplex 4 for 16 years. She has lived here longer than any other current resident. She shares what circumstances brought her here and why she stays:

Previously having had 8 family members at Parkside Homes – my husband and I already had a connection with Parkside prior to building Duplex #4. My husband, Gordon, had Parkinson’s Disease thus we moved from 5 miles SE of Hillsboro in 2008.

We already knew some of our neighbors, but quickly got to know new friends. Gordon passed away in 2020. Walking around the circle often takes quite awhile because I see neighbors and conversations begin. We care about each other as we all navigate life– not just as neighbors, but as special friends.

On September 2, 2023, I married Chuck Flaming. We spend time at Chuck’s home in Nebraska and at the Parkside duplex – BUT I am not becoming a Cornhusker fan! I have 6 grandchildren and 2 of them, Hanna (7) and Samuel (3), live close by. They enjoy spending time with us in Hillsboro and love to walk and ride their bikes around the circle and greet friends.

I’m thankful for my duplex, the Maintenance Staff that helps me when needed, and most of all for my neighbors that are special friends.

HHS
Cheer-
leaders
came to
help
with Fall
Crafts



November Anniversaries

| | |
|--------------|---------|
| Barbara Clay | 6 years |
| Kim Klassen | 5 years |
| Kat Johnson | 4 years |



If you or anyone in your family would like to receive *The Parkside Post* via email, please call LeAnn in the office, 620.947.2301, or email Krista Heinrichs at kristah@parksideks.org.



CEO Notes

We are pleased to officially announce to our Parkside Community that a long-time problem and eye sore is potentially coming to an end. As of October 25th, the 4 lots on Ash Street that house the condemned 4-Plex Apartments have been sold to a private individual. The private individual that purchased the land is planning demolition of the condemned buildings and then developing the land with town-homes for private individuals. The buildings are in dire need of demolition and have been for years.

This option to sell the land benefits Parkside because we have no future plans or use for the site. Parkside is a not-for-profit community, so monthly fees for our residents are set to cover the annual expenses. If Parkside had to pay the unplanned \$60,000 for the demolition of the condemned apartments, the cost would have to be passed on. Selling the land helps Parkside keep the monthly fees as low as possible for the residents on campus. It is nice to finally be free of the burden of the condemned apartments and we look forward to the improvement of the appearance of the land to come.

Stephanie Bryant, CEO

A day at the Pumpkin Patch



Eat, drink, and gather together for a **German Menmonite Meal**



Verenika with ham gravy, German rope sausage, chicken borscht, green beans, zwiebach with jam, pluma or cherry moose and drinks.

Suggested minimum donation: \$20

5:30 to 7 p.m. Nov. 14

We have limited seating and encourage most meals to be carried out. There is a limited number of meals available so hurry and **Reserve yours by Nov. 1** at (620) 947-2301 or leanne@parksideks.org.

Goal
\$40,000



Raised
\$27,286.22

Donations will help purchase of a new wheelchair accessible van.

Also accepting donations by mail or in the office.

Parkside
Caring Is Our Calling

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