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The Parkside Post

Lifelong Learning

Local Author to Share Life Experiences

Debbie Oelke was diagnosed with multiple sclerosis at the age of twenty-five but did not experience any disability for the next eighteen years. She now encounters life in a wheelchair. Having experienced rapid disease progression, she has learned to cling tightly to the Lord for sustenance.

Join us Monday, May 13, at 2PM, at the Parkside Apartments, 1 Park Avenue, to hear Debbie's story and testimony of strength and faith.

She will chronicle her physical decline and daily struggle

between contentment and hope for full recovery.



Debbie & Phil Oelke & their 3 kids

She will lay out plainly for the able-bodied. how those who are not mobile are often ignored or inconvenienced through ignorance or sheer selfishness. She draws on Scripture for inspiration and offers encouragement as God's promises resonate in her heart in new ways with each fresh obstacle.



Larry Hatteberg had the audience captivated at our Kickoff Event, April 8. He shared about two of his favorite *People of Kansas*, The Man Living in a Hole and Freida Keck, who with her husband, fostered 60 children.

Get to know the Staff: Jericho Hoover

Jericho Hoover became Director of Facilities at Parkside in March. Here's a little about him. He was born in Sharon Springs, KS and moved to Salina when he was 7. He graduated from Salina Central High School.

He has been doing facilities work since 2005. From grounds keeping, custodial, maintenance, he has done it all. He has been Maintenance Director at other facilities—a private college and other nursing homes.

Jericho lives in the country about 7 miles east of Lindsborg with his wife and 9 dogs. Together, they have 6 children and one grandchild. He likes to work out, go fishing, do woodworking and work on his property in his spare time.

Jericho says, 'Parkside is a great community to work for. I love coming to work and seeing the residents. They are so appreciative of everything we do which makes coming to work easy.

We now have a great and complete facilities crew with Jericho, verteran Nick McLaughlin and new addition, Kiefer Larson.

> We're glad you're here Jericho! Thank you guys for all you do!



Jericho Hoover

May Work Anniversaries

Madyson Goossen 2 years Riley Nuessen 1 year Jessica Walker 1 year

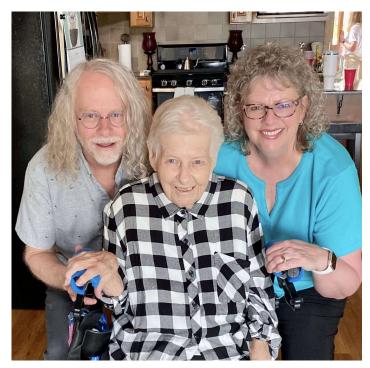
THANK YOU for your



Learn to Know your Neighbor

Dot Ensz has lived on A Hall in Health Care since 2019. If you have been in the building you have probably met her and felt her warm smile and welcoming personality. She is known for caring about people.

She grew up on a farm 8-1/2 miles north of Canada, Kansas, as Dorothy Janzen, the oldest of three siblings. She graduated from Tampa High School in 1949 and began working in Hillsboro shortly after. She loved to roller skate and that's where she met Norman Ensz as they both enjoyed it so. They married Labor Day 1952.



Dot Ensz, with son, Randy, left, and daughter Joni, right.

She and Norman had Randy and Joni, who both live in Marion County and each have two daughters. Four granddaughters and a great granddaughter, plus a son-in-law and a few grandson-in laws complete the family.

Dot has always loved sports. She played and coached softball for over 25 years. She bowled for over 52 years. And there are too many Trojan and Bluejay games to count.

She loves living at Parkside because of the good care. She knows the people. She cares about them and they care about her.

May Community Health Night

FALL PREVENTION

MAY 23
THURSDAY, 7 PM
PARKSIDE APARTMENTS, 1 PARK AVENUE

Summit Care is excited to provide an informational discussion including a fun activity with balance, sharing recommendations for strategies that can help you to prevent falls and increase strength to help you be able to participate in your daily activities. We look forward to talking about what causes falls and what you can do about it, with an emphasis on sharing things that you can do to help reduce your likelihood for falls.

If you or anyone in your family would like to receive *The Parkside Post* via email, please call LeAnn in the office, 947-2301. Or email Krista Heinrichs, kheinrichs@parksideks.org.

CEO Notes

"Caring is our Calling" is our motto at Parkside. Our commitment to our team members is key to fulfilling this promise to the residents of Parkside. We have started a project that focuses on the training and development of our team to promote this commitment. This working plan is part of a larger scale plan to help promote longevity, growth and investment in our community.

A few of our recent efforts include rolling out an improved formalized orientation and on-boarding process to ensure new team members are ready to provide the best care for our residents.

Our goal is to set a clear and understandable expectation of job requirements. We plan to have skills fairs for all team members to stay on top of best practices for the care of our residents. We are looking into ways to help invest in the continued education and development of our employees working with their future goals.

We look forward to seeing the positive impact these initiatives will bring to our community here at Parkside.

Stephanie Bryant, CEO Parkside Homes Inc.

Charlene Driggers showcased some beautiful quilts for everyone!



Parkside exists to enrich all we serve with Christ-like compassion, respect, excellence and integrity.